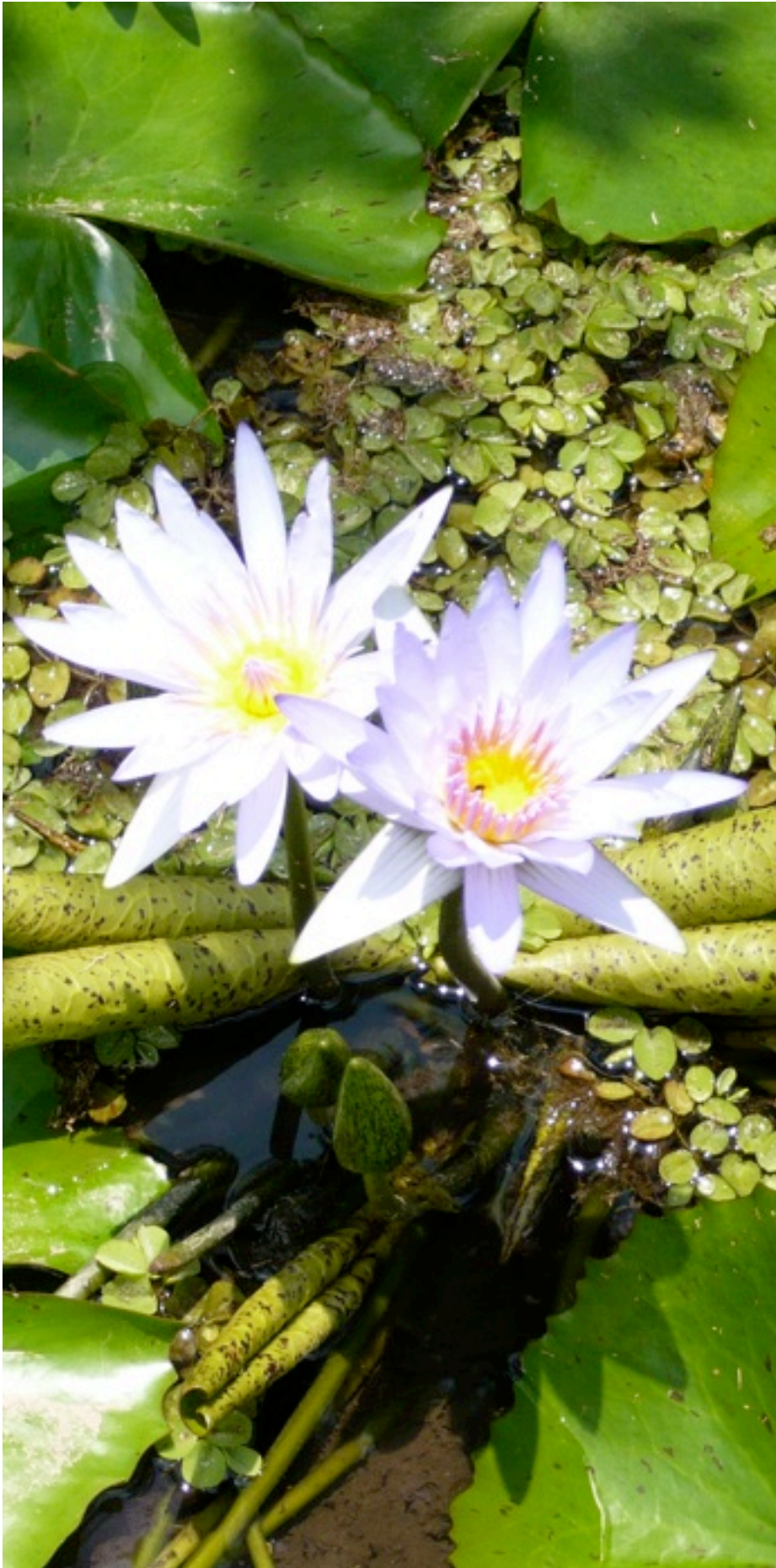


winter 2010 - tuesday nights 6 week speaker series

sponsored by the **Center for Inspired Wisdom**
and *The Green Tea House*



All sessions are at The Green Tea House

415 Second Street, East, Whitefish
(next to Wasabi's)

7 pm - 9 pm

free will donations gratefully accepted

DETAILS & INFO:
tel. 406-862-6573
www.inspiredwisdom.org

The Center for Inspired Wisdom is dedicated to supporting all of us on the journey to the wisdom of our own authentic/True Self, offering opportunities for deeper exploration through classes, workshops, and venues for dialogue and communication.
www.inspiredwisdom.org

*The Center is the educational outreach branch of the Jwalaan Muktiikā School for Illumination (JMSI), a 501 (c) (3) educational organization.
www.jwalaanmuktika.org*

Jan 19

The Science of Perception

with Robin Kelson

An engaging and interactive dialogue on the ways we do, and do not, perceive ourselves & our environment

Robin Kelson has been a practicing attorney and biochemist. She is Executive Director of the Jwalaan Muktiikā School for Illumination

Jan 26

The 5 Elements Approach to Diet

with Miriam Katz

A light & playful exploration of the eastern "5 Elements" (fire, water, earth, metal wood) approach to diet.

Miriam Katz is a holistic nutritionist, specializing in food allergies

Feb 2

Wake Up & Breathe

with Susan Clarke

An experiential evening exploring the many ways to work with breath to improve health, well-being and consciousness in your daily life.

Susan Clarke has a background in Integrative Body Psychotherapy, and is trained in a range of breathwork and somatic breathing techniques.

Feb 9

Radical Acceptance *enhancing flow and peace*

with Lee Anne Byrne

An exploration of a proven means for reducing suffering, moving forward in the face of small and large troubles and losses, & accessing peace in your daily life,

Lee Anne Byrne is a counselor in holistic private practice, teaching mindfulness in daily living.

Feb 16

Electromagnetic Field Radiation: Myth, Mystery & Fact

with Red Star

An interactive evening separating the science from the fiction of EMF radiation and its role in our bodies.

Red Star has been a long-time student of energy and incorporates all her knowledge in her holistic massage practice.

Feb 23

The Art of Balance in the Flow of Your Life

with Peggy Nagae

An interactive dialogue on what it means to be in balance at all levels in your life and how to regain balance in the flow of daily living.

Peggy Nagae is an organizational consultant focusing on whole person leadership, executive/team coaching, and strategic change efforts